

# BLACK HAWK MIDDLE SCHOOL

Athletic Department  
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April 9, 2019

To: Athletic Directors and Middle School Track Coaches

From: Kevin Fowler, Athletic Director – BHMS

The Black Hawk Middle School Invitational Meet will be held at Warrenton High School on Saturday, April 13, 2019. A Coaches meeting will be held at 9:30 a.m. Field events will begin at 10:00 a.m. Running events will begin at 11:00 a.m.

**We will be charging admission for the meet this year: Adult 3.00 Student 2.00**

The meet will contain separate 7<sup>th</sup> and 8<sup>th</sup> grade boys and girls events. Medals will be awarded for the first three places. There will be team trophies for each division.

The following events will comprise the meet.

Discus	200 Meter Dash
Shot Put	400 Meter Dash
Long Jump	800 Meter Run
Triple Jump	1600 Meter Run
High Jump	400 Meter Relay
75 Meter Hurdles (girls)	800 Meter Relay
100 Meter Hurdles (boys)	1600 Meter Relay
100 Meter Dash	Pole Vaulting

An entry list will need to be sent to [trxctiming.com](http://trxctiming.com). This list is updated and posted daily. Registration opens April 1, 2019, and closes on April 12, 2019. Please have all entries in by April 12, 2019 at 9:00am

We will need one coach from each team to help run off a field event or time.

Costs will be shared among participating schools. You will receive an invoice the week following the Invitational. We will again be using a timing company to record all data.

Two entrants per event. One team in relays.

In case of ties we will flip a coin for the awards.

A concession stand will be open.

Please...no spikes in the bleachers.

Restrooms will be by the concession stand located outside

Jump runways are synthetic rubber surface. ¼ spikes maximum will be allowed.

If you have any questions, please call Coach Darla Lonsberry email at [lonsberrydj@warrencor3.k12.mo.us](mailto:lonsberrydj@warrencor3.k12.mo.us) , Athletic Secretary Pam Terry at 636-456-6925 or email at [terrypj@warrencor3.k12.mo.us](mailto:terrypj@warrencor3.k12.mo.us), or Athletic Director Kevin Fowler at 636-456-6926 email at [fowlerkn@warrencor3.k12.mo.us](mailto:fowlerkn@warrencor3.k12.mo.us) .

**\*Please inform the parents that we are charging admission to the meet this year.**

Kevin Fowler  
Athletic Director

Schools entered:	Black Hawk	Troy Middle	Wentzville Middle
	Elsberry	Troy South	Wentzville South Middle
	Hannibal	Union	Winfield
	Montgomery Co.	Washington	Wright City
		Wentzville Frontier	